

Leadership@Play Course Extension (Pilot).

So what now?

Unlocking our true leadership potential is an ongoing commitment and process; we do not do a course and “arrive” at our potential. We all have “breakdowns” or times when our ego gets the better of us. The idea is to have the tools and insight to turn an incident into a “breakthrough”.

As all participants are considered as collaborators in our work, this extension programme has been designed in response to several Leadership@Play alumni who want to keep their development a priority.

In this light, revisiting the distinctions around masks/shadows, at the heart of Conscious Leadership is an important starting point.

Why continue exploring masks/shadows?

This fascinating and often somewhat unsettling voyage of inner discovery is about knowing ourselves more completely at a deeper level. Liberating ourselves from the beliefs and thought patterns established in our childhood and teen years helps us gravitate to more mature levels of consciousness.

And why would we want to do that? Simply stated, life is infinitely more enjoyable and our impact on the world much greater when we cease to be pulled into polarised ways of being and operate from a more balanced and objective frame of reference.

2018 Leadership@Play extension (Pilot).

Starting with a refresher on the masks/shadows workshop, these curated three-hour group coaching sessions are an exploration of the content and experiences that participants choose to bring into each session. As a group, we examine the patterns of behaviour that hold us back and work to unlock these to aid our development. In the spirit of the collaborative nature of Play Colab, the greatest learnings are likely to come from each other as we begin to use and explore our own material as the prime vehicle for insight and growth.



Pilot Course Framework

3 x 3-hour evening sessions spaced three weeks apart.

6pm-9pm at Play Colab. Dinner provided.

Facilitator – Jenny Devine

8-pp curated group of course alumni.

Proposed Dates.

Wed 29 August

Wed 19 Sept

Wed 17 October

What will you learn?

Although the learning experience is never the same for any two people in programmes such as these, all participants will learn:

- how your underlying shadow belief keeps you stuck on “rewind and repeat”
- how your default way of being via your persona or masks is a limited modus operandi
- how to recognise the process of projection as an opportunity for change
- how to find your shadow/s then exploit and leverage it/them for a powerful shift
- how to experience living in the "middle path" as opposed to being trapped in a polarised existence
- how to unlock trapped potential and play bigger in the world
- how to escalate the quality of all of your relationships

Cost: \$950pp plus GST

Contact Jenny at 021 120 7166 or jenny@playclc.com



About Jenny Devine

Jenny Devine works as an executive and leadership coach and facilitator across a range of industries and is a collaborator at Play Contemporary Leadership Colab. Her core area of interest and expertise is “conscious leadership”, and how the essence of leadership mastery requires an essential intrinsic shift. She challenges her clients to gain self-insight through understanding their conditioned modes of operating and how to consciously reset their dial. Jenny is a Certified Integrative Coach (USA) with over 2000 hours coaching experience and holds a Certified Professional Coach credential from the International Coach Federation. She has a B.A Soc. Sciences (NZ), an M.A. Consciousness Studies (USA) and is a certified yoga teacher (USA). Formerly a NZ trained Comprehensive Nurse (with psychiatric registration), she moved into operational management roles across multidisciplinary teams in the NZ public health sector before co-founding Harper Devine Ltd., a consultancy company to the health sector, focusing mainly on leadership development. She has been married to Stu for many years and has two adult sons.

Testimonials.

The kind of course Jenny is running isn't for everyone. Sorry, the above statement is untrue, it most definitely is for everyone. It's just that some will find it harder than others and I suspect that those who find it hardest might be the ones who need it most. One of the first things you'll need to come to terms with is that this stuff will help you and that it is for you. By you I mean you, personally. I'm as cynical as the next 47-year-old male but I quickly realised I had to knock that on the scone and just listen. And participate. Do this and you'll benefit. But don't expect them to have the answers. We've got the answers, it's just a question of how deep we buried them.

Rex Massey-Molloy, Wellington Director, Working Style

It was a delight working with Jenny, she offered excellent counsel during a pivotal time in my career when change and professional challenges were distracting me from what was important – inspiring and leading people to achieve great things across the portfolio”. Jenny was extremely influential in guiding me through a challenging period in my career. She was not afraid to discuss her own experiences and how, when weaving them into a narrative that included contemporary research and learning, they formed a perspective that allowed me to re-focus and achieve several personal and professional goals. The sessions with Jenny were always time well spent in addressing the issues that otherwise, denied the business of your best performance as a leader.

David, Senior Manager, NZ Defence Force



Jenny has made a significant impact on my life, both from a professional leadership perspective and from an awakening of me, my personal “self”. After each session with Jenny, I come away with a calmness that feels like I have risen another step in my conscious leadership journey and I am inspired and excited about the potential I have to live up to my full potential and make a difference in this ever-changing world. She has a truly magical style that allows you to deep dig into your shadow ego, face up to it and then use it to transform the way you see yourself and the world around you. I consider it an absolute privilege to be able to work with Jenny.

**Wendy Paul, Director, Governance and Representation Review,
Fonterra Co-operative Group Limited**

Jenny had a profound impact on me. It was quite incredible. Her measured responses, her depth of emotional intellect, her ability to see through the shit in someone and find true gold. She did that for me and I will forever be indebted to her.

Jane, MD, Marketing Industry.

For most of my life I have let my ego lead me down some interesting paths and I have achieved some great things because of it but the journey to find and understand my true self has been a road less travelled - that's until I met my coach, Jenny Devine. She is compassionate, non-judgemental, encouraging and inspirational. She lives her values and is true to herself. Her coaching skills, down to earth approach and experience has helped me to stand in my greatness. I love this journey I am on - thank you Jenny.

Sandra Kailahi, Freelance Journalist

“The gold is in the shadow”

Dr Carl Jung